

'my money matters' – workshop program overview

Focus Group

The workshop program is aimed at employees and members of employer groups, community organisations and associations. The workshop comprises of nine units facilitated in one four hour workshop session. The workshop is conveniently conducted at the workplace in the boardroom or training facility of the employer. We also offer the workshop on Saturday mornings for individuals or small employer groups at our training room facility.

Workshop program overview and content

Module One	'pause, touch engage' expectations concerns initial thoughts about money developing and managing a personal budget spending plan cash flow management
Module Two	'the Zen of Monopoly' we have all played the game but do we apply the financial life lessons?
Module Three	'my money map' the cycle of money life planning preparation
Module Four	'Owe Dear!' understanding and dealing with debt
Module Five	'the debt diet' practical debt alleviation and recovery plan
Module Six	'accumulating it' how do we build wealth and accumulate savings?
Module Seven	'smart saver smart shopper' prudent spending and saving guidance
Module Eight	'the next generation' guidance and knowledge for the future generation
Module Nine	'Walk the Talk' after the workshop, the way forward

The workshop incorporates active involvement and participation from all attendees with short videos to highlight certain subjects, short role plays and problem solving. An attendee workbook will be provided to record information, thoughts and tips. Participants are encouraged to engage their families, peers and communities post the workshop.